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Bourguignon, Mathieu; Baart, Martijn; Kapnoula, Efthymia; Molinaro, Nicola

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Authors: Mathieu Bourguignon$^{1,2,3,*}$, Martijn Baart$^{1,4}$, Efthymia C. Kapnoula$^{1}$, Nicola Molinaro$^{1,5}$

Affiliations

$^{1}$BCBL. Basque Center on Cognition, Brain and Language, 20009 San Sebastian, Spain.
$^{2}$Laboratoire de Cartographie fonctionnelle du Cerveau, UNI – ULB Neuroscience Institute, Université libre de Bruxelles (ULB), Brussels, Belgium.
$^{3}$Laboratoire Cognition Langage et Développement, UNI – ULB Neuroscience Institute, Université libre de Bruxelles (ULB), Brussels, Belgium.
$^{4}$Department of Cognitive Neuropsychology, Tilburg University, Tilburg, the Netherlands.
$^{5}$Ikerbasque, Basque Foundation for Science, Bilbao, Spain.

*Corresponding author. E-mail: mabourgu@ulb.ac.be.

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Conflict of interest

The authors have no conflict of interest to declare.

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Abstract

Lip-reading is crucial for understanding speech in challenging conditions. But how the brain extracts meaning from—silent—visual speech is still under debate. Lip-reading in silence activates the auditory cortices, but it is not known whether such activation reflects immediate synthesis of the corresponding auditory stimulus or imagery of unrelated sounds.

To disentangle these possibilities, we used magnetoencephalography to evaluate how cortical activity in 28 healthy adults humans (17 females) entrained to the auditory speech envelope and lip movements (mouth opening) when listening to a spoken story without visual input (audio-only), and when seeing a silent video of a speaker articulating another story (video-only).

In video-only, auditory cortical activity entrained to the absent auditory signal at frequencies below 1 Hz more than to the seen lip movements. This entrainment process was characterized by an auditory-speech–to–brain delay of ~70 ms in the left hemisphere, compared to ~20 ms in audio-only. Entrainment to mouth opening was found in the right angular gyrus at below 1 Hz, and in early visual cortices at 1–8 Hz.

These findings demonstrate that the brain can use a silent lip-read signal to synthesize a coarse-grained auditory speech representation in early auditory cortices. Our data indicate the following underlying oscillatory mechanism: Seeing lip movements first modulates neuronal activity in early visual cortices at frequencies that match articulatory lip movements; the right angular gyrus then extracts slower features of lip movements, mapping them onto the corresponding speech sound features; this information is fed to auditory cortices, most likely facilitating speech parsing.
Significance statement

Lip-reading consists in decoding speech based on visual information derived from observation of a speaker’s articulatory facial gestures. Lip reading is known to improve auditory speech understanding, especially when speech is degraded. Interestingly, lip-reading in silence still activates the auditory cortices, even when participants do not know what the absent auditory signal should be. However, it was uncertain what such activation reflected. Here, using magnetoencephalographic recordings, we demonstrate it reflects fast synthesis of the auditory stimulus rather than mental imagery of unrelated—speech or non-speech—sounds. Our results also shed light on the oscillatory dynamics underlying lip-reading.

Keywords
Lip reading; silent speech; audiovisual integration; speech entrainment; magnetoencephalography
Introduction

In everyday situations, seeing a speaker’s articulatory mouth gestures, here referred to as lip-reading or visual speech, can help us decode the auditory speech signal (Sumby and Pollack, 1954). In fact, lip movements are intelligible even without an auditory signal, likely because there is a strong connection between auditory and visual speech (Munhall and Vatikiotis-Bateson, 2004; Chandrasekaran et al., 2009). It is however not clear how the brain extracts meaning from visual speech.

Some evidence points to the possibility that visual speech is recoded into acoustic information. For example, seeing silent visual speech clips of simple speech sounds such as vowels or elementary words activates auditory cortical areas (Calvert et al., 1997a; Pekkola et al., 2005), even when participants are not aware of what the absent auditory input should be (Calvert et al., 1997b; Bernstein et al., 2002a; Paulesu et al., 2003a). However, recoding visual speech into an acoustic representation (here referred to as synthesis) is computationally demanding. It has therefore been suggested that meaning is directly extracted from visual speech within visual areas and heteromodal association cortices (Bernstein and Liebenthal, 2014a; O’Sullivan et al., 2016; Lazard and Giraud, 2017; Hauswald et al., 2018). According to this view, activation in early auditory cortices driven by lip reading might reflect imagery of unrelated—speech—sounds (Bernstein and Liebenthal, 2014b), but not a direct recoding of visual speech into its corresponding acoustic representation. As previous work has relied on time-insensitive neuroimaging techniques (Calvert et al., 1997a; Bernstein et al., 2002b; Paulesu et al., 2003b; Pekkola et al., 2005), there was no empirical evidence to disentangle these two alternatives. Here, we took advantage of auditory cortical entrainment to look for decisive evidence to support the existence of a synthesis mechanism whereby visual speech is recoded into its corresponding auditory information.
When people listen to continuous natural speech, oscillatory cortical activity synchronises with the auditory temporal speech envelope (Luo and Poeppel, 2007; Bourguignon et al., 2012; Gross et al., 2013; Peelle et al., 2013; Molinaro et al., 2016; Vander Ghinst et al., 2016; Meyer et al., 2017; Meyer and Gumbert, 2018). Such “speech-brain entrainment” originates mainly in auditory cortices at frequencies matching phrase (below 1 Hz) and syllable rates (4–8 Hz), and is thought to be essential for speech comprehension (Ahissar et al., 2001; Luo and Poeppel, 2007; Peelle et al., 2013; Ding et al., 2016; Meyer et al., 2017). An electroencephalography study suggested that silent lip-read information entrains cortical activity at syllable rate when participants are highly familiar with speech content (Crosse et al., 2015). However, since participants knew what the absent speech sound should be in this study, it remains unclear whether entrainment is driven by the (i) lip-read information, (ii) covert production or repetition of the speech segment, (iii) top-down lexical and semantic processes, or (iv) some combination of these factors.

Here, we address the following critical question: does the brain use lip-read input to bring auditory cortices to entrain to the audio speech signal even when there is no physical speech sound and participants do not know the content of the absent auditory signal? To do so, we evaluated entrainment to a spoken story without visual input (audio-only), and compared these data to a silent condition with a video of a speaker articulating another story (video-only). To determine the ‘lip-read specificity’ of these entrainment patterns, we also included a condition in which the mouth configuration of the speaker telling another story was transduced into a dynamic luminance contrast (control-video-only). If the brain can synthesize properties of missing speech based on concurrent lip-reading in a timely manner, auditory cortical entrainment with the envelope of the audio signal should be similar in audio-only and video-only, even if the speech sound was not physically present in the latter condition.
Materials and Methods

Participants

Twenty-eight healthy human adults (17 females) aged 24.1±4.0 years (mean ± SD) were included in the study. All reported being native speakers of Spanish and right-handed. They had normal or corrected-to-normal vision and normal hearing, had no prior history of neurological or psychiatric disorders, and were not taking any medication or substance that could influence the nervous system.

The experiment was approved by the BCBL Ethics Review Board and complied with the guidelines of the Helsinki Declaration. Written informed consent was obtained from all participants prior to testing.

Experimental paradigm

Figure 1 presents stimulus examples and excerpts. The stimuli were derived from 8 audio-visual recordings of a female native Spanish speaker talking for 5 min about a given topic (animals, books, food, holidays, movies, music, social media, and sports). Video and audio were simultaneously recorded using a digital camera (Canon Legria HF G10) with an internal microphone. Video recordings were framed as head shots, and recorded at the PAL standard of 25 frames per second (videos were 1920 × 1080 pixels in size, 24 bits/pixel, with an auditory sampling rate of 44100 Hz). The camera was placed ~70 cm away from the speaker, and the face spanned about half of the vertical field of view. Final images were resized to a resolution of 1024 × 768 pixels.

For each video, a “control” video was created in which mouth movements were transduced into luminance changes (Fig. 1C). To achieve this we extracted lip contours from each individual frame of the video recordings with an in-house Matlab code based on the approach of Eveno et al. (2004). In the control video, the luminance of a Greek cross changed
according to mouth configuration (Fig. 1C). Its size (300 × 300 pixels) was roughly matched with the extent of the eyes and mouth, which are the parts of the face people tend to look at when watching a speaker’s face (Vatikiotis-Bateson et al., 1998). Mouth configuration variables (mouth opening, width, and surface) were rescaled so that their 1st and 99th percentiles corresponded to the minimum and maximum luminance levels. The center of the cross encoded the mouth surface area, its top and bottom portions encoded mouth opening, and its left- and rightmost portions encoded mouth width. In this configuration, the three represented parameters were spatially and temporally congruent with the portion of the mouth they parametrized. All portions were smoothly connected by buffers along which the weight of the encoded parameters varied as a squared cosine. These control videos were designed to determine if effects were specific to lip-reading. The transduced format was preferred to other classical controls such as meaningless lip movements or gum-chewing motions because preserved the temporal relation between the visual input and underlying speech sounds.

For each sound recording, we derived a non-speech “control” audio consisting of white noise modulated by the auditory speech envelope. These control sounds were designed to determine whether uncovered effects were specific to speech. However, conditions that included these control sounds were not analyzed because they were uninformative about lip-reading driven oscillatory entrainment.

In total, participants completed 10 experimental conditions while sitting with their head in a MEG helmet. This included all 9 possible combinations of 3 types of visual stimuli (original, control, no video) and 3 types of audio stimuli (original, control, no audio). The test condition with no audio and no video was trivially labeled as the rest condition and lasted 5 min. Each of the other 8 conditions was assigned to 1 of the 8 stories (condition–story assignment counterbalanced across participants). In this way, we ensured that each condition was presented continuously for 5 min, and that the same story was never presented twice. The
Figure 1. Experimental material. A and B — Two-second excerpt of video (A) and audio (B; auditory speech envelope in red) of the speaker telling a 5-min story about a given topic. There were 8 different videos. Video without sound was presented in video-only, and sound without video was presented in audio-only. C — Corresponding control video in which a flickering Greek cross encoded speaker’s mouth configuration. Based on a segmentation of mouth contours, the cross encoded mouth opening (1), mouth width (2), and mouth surface (3). The resulting video was presented in control-video-only.

tenth condition was a localizer condition in which participants attended 400-Hz pure tones and checkerboard pattern reversals lasting 10 min. This condition is not analyzed in this paper. All conditions were presented in random order, separated by short breaks. Videos were shown on a back-projection screen (videos were 41 cm × 35 cm in size) placed in front of the participants at a distance of ~1 m. Sounds were delivered at 60 dB (measured at ear-level) through a front-facing speaker (Panphonics Oy, Espoo, Finland) placed ~1 m behind the screen. Participants were instructed to watch the videos and listen to the sounds attentively.
To investigate our research hypotheses, we focussed on the following conditions: 1) the original speech audio with no video, referred to as *audio-only*, 2) the original video with no audio, referred to as *video-only*, 3) the control video with no audio, referred to as the *control-video-only*, and 4) the *rest*.

**Data acquisition**

Neuromagnetic signals were acquired with a whole-scalp-covering neuromagnetometer (Vectorview; Elekta Oy, Helsinki, Finland) in a magnetically shielded room. The recording pass-band was 0.1–330 Hz and the signals were sampled at 1 kHz. The head position inside the MEG helmet was continuously monitored by feeding current to 4 head-tracking coils located on the scalp. Head position indicator coils, three anatomical fiducials, and at least 150 head-surface points (covering the whole scalp and the nose surface) were localized in a common coordinate system using an electromagnetic tracker (Fastrak, Polhemus, Colchester, VT, USA).

Eye movements were tracked with an MEG-compatible eye tracker (EyeLink 1000 Plus, SR Research). Participants were calibrated using the standard 9-point display and monocular eye movements were recorded at a sampling rate of 1 kHz. Eye-movements were recorded for the duration of all experimental conditions.

High-resolution 3D-T1 cerebral magnetic resonance images (MRI) were acquired on a 3 Tesla MRI scan (Siemens Medical System, Erlangen, Germany) facility available at the BCBL.

**MEG preprocessing**

Continuous MEG data were first preprocessed off-line using the temporal signal space separation method (correlation coefficient, 0.9; segment length, 10 s) to suppress external sources of interference and to correct for head movements (Taulu et al., 2005; Taulu and Simola, 2006). To further suppress heartbeat, eye-blink, and eye-movement artifacts, 30
independent components (Vigário et al., 2000; Hyvärinen et al., 2004) were evaluated from the MEG data low-pass filtered at 25 Hz using FastICA algorithm (dimension reduction, 30; non-linearity, tanh). Independent components corresponding to such artifacts were identified based on their topography and time course and were removed from the full-rank MEG signals.

**Coherence analysis**

Coherence was estimated between MEG signals and 1) the auditory speech temporal envelope, 2) mouth opening, 3) mouth width, and 4) mouth surface. The auditory speech temporal envelope was obtained by summing the Hilbert envelope of the auditory speech signal filtered through a third octave filter bank (central frequency ranging linearly on a log-scale from 250 Hz to 1600 Hz; 19 frequency bands), and was further resampled to 1000 Hz time-locked to the MEG signals (Fig. 1B). Continuous data from each condition were split into 2-s epochs with 1.6-s epoch overlaps, affording a spectral resolution of 0.5 Hz while decreasing noise on coherence estimates (Bortel and Sovka, 2014). MEG epochs exceeding 5 pT (magnetometers) or 1 pT/cm (gradiometers) were excluded from further analyses to avoid data contamination by artifact sources that had not been suppressed by the temporal signal space separation or removed with independent component analysis. These steps led to an average of 732 artifact-free epochs across participants and conditions (SD = 36). A one-way repeated measures ANOVA revealed no differences between conditions \(F_{2,54} = 1.07, p = 0.35\). Next, we estimated sensor-level coherence (Halliday, 1995) and combined gradiometer pairs based on the direction of maximum coherence (Bourguignon et al., 2015). Only values from these gradiometer pairs are presented in the results.

In coherence analyses, we focused on four frequency ranges (0.5 Hz, 1–3 Hz, 2–5 Hz, and 4–8 Hz) by averaging coherence across the frequency bins they encompassed. The 2–5-Hz, and 4–8-Hz frequency ranges were well matched to the count rate of words (3.34 ± 0.12 Hz; mean ± SD across the 8 videos) and syllables (5.91 ± 0.12 Hz), while the count rate of
phrases (1.01 ± 0.20 Hz) fell in between the two lowest ranges. As in a previous study (Vander Ghinst et al., 2019), rates were assessed as the number of phrases, words, or syllables manually extracted from audio recordings divided by the corrected duration of the audio recording. For phrases, the corrected duration was trivially the total duration of the audio recording. For words and syllables, the corrected duration was the total time during which the talker was actually talking, that is the total duration of the audio recording (here 5 min) minus the sum of all silent periods when the auditory speech envelope was below a tenth of its mean for at least 100 ms. Note that setting the threshold for the duration defining a silent period to a value obviously too low (10 ms) or too high (500 ms) changed the estimates of word and syllable count rates by only ~10 %. These frequency ranges were selected also because auditory speech entrainment dominates at 0.5 Hz and 4–8 Hz (Luo and Poeppel, 2007; Bourguignon et al., 2012; Gross et al., 2013; Peelle et al., 2013; Molinaro et al., 2016; Vander Ghinst et al., 2016; Meyer et al., 2017; Meyer and Gumbert, 2018) but is also present at intermediate frequencies (Keitel et al., 2018), and because lip entrainment has previously been identified at 2–5 Hz (Park et al., 2016; Giordano et al., 2017). Coherence maps were also averaged across participants for illustration purposes.

We only report coherence estimated between MEG signals and 1) the auditory speech envelope and 2) mouth opening. Although tightly related, the two latter signals displayed only a moderate degree of coupling, that peaked at 0.5 Hz, and 4–8 Hz (Fig. 2A), with a visual–to–auditory speech delay of ~120-ms (maximum cross-correlation between auditory speech envelope and mouth opening; Fig. 2B). Mouth opening and mouth surface were coherent at > 0.7 across the 0–10-Hz range (Fig. 2A) and yielded similar results. Mouth width displayed a moderate level of coherence with mouth opening (Fig. 2A) and an unclear visual–to–auditory speech delay (Fig. 2B). Mouth width was not included in the main analyses because it led to
lower coherence values with MEG signals than mouth opening, but was retained as a nuisance factor in the partial coherence analyses (see below).  

**Figure 2.** Relation between audio and visual speech signals. A — Frequency-dependent coupling (coherence) of mouth opening with auditory speech envelope (i), mouth surface (ii), and mouth width (iii). Coupling is quantified with coherence. There is one gray trace per video (8 in total), and thick black traces are the average across them all. B — Delay between visual and audio speech assessed with cross-correlation of auditory speech envelope with mouth opening (i) and mouth width (ii).

It is worth noting that the magnitude of the coupling between the auditory speech envelope and mouth opening (as assessed by coherence) we report for our audio-visual stimuli was 2–3 times lower than that reported elsewhere (Park et al., 2016; Hauswald et al., 2018). To ensure that this discrepancy was not due to the inadequacy of our lip-extraction procedure, we compared our time-series of mouth parameters to those extracted using a deep-learning-based solution (Visage Technology; face tracking and analysis). This revealed a good correspondence between the estimated time-series for mouth opening ($r = 0.95 \pm 0.01$; mean ± SD across the 8 videos), mouth width ($r = 0.88 \pm 0.01$), and mouth surface ($r = 0.95 \pm 0.01$). The genuine difference between the level of audio-visual speech coupling found in our study compared to
others might be due to the language used (Spanish here vs. English elsewhere), or to the idiosyncrasies of our talker. Nevertheless, this relative decoupling between audio- and visual speech signals provided an opportunity to separate their respective cortical representations more efficiently.

Coherence was also estimated at the source level. To do so, individual MRIs were first segmented using the Freesurfer software (Reuter et al., 2012; RRID:SCR_001847). Then, the MEG forward model was computed using the Boundary Element Method implemented in the MNE software suite (Gramfort et al., 2014; RRID:SCR_005972) for three orthogonal tangential current dipoles (corresponding to the 3 spatial dimensions) placed on a homogeneous 5-mm grid source space covering the whole brain. At each source, the forward model was further reduced to its two first principal components, which closely corresponded to sources tangential to the skull; the discarded component corresponded to the radial source which is close to magnetically silent. Coherence maps were produced within the computed source space at 0.5 Hz, 1–3 Hz, 2–5 Hz, and 4–8 Hz using a linearly constrained minimum variance beamformer built based on the rest data covariance matrix (Van Veen et al., 1997; Hillebrand and Barnes, 2005). Source maps were then interpolated to a 1-mm homogenous grid and smoothed with a Gaussian kernel of 5 mm full-width-at-half-maximum. Both planar gradiometers and magnetometers were used for inverse modeling after dividing each sensor signal (and the corresponding forward-model coefficients) by the standard deviation of its noise. The noise variance was estimated from the continuous rest MEG data band-passed through 1–195 Hz, for each sensor separately.

Coherence maps were also produced at the group level. A non-linear transformation from individual MRIs to the MNI brain was first computed using the spatial normalization algorithm implemented in Statistical Parametric Mapping (SPM8; Ashburner et al., 1997; Ashburner and Friston, 1999; RRID:SCR_007037) and then applied to individual MRIs and
coherence maps. This procedure generated a normalized coherence map in the MNI space for each subject and frequency range. Coherence maps were then averaged across participants.

Individual and group-level coherence maps for the auditory speech envelope (mouth opening, respectively) were also estimated after controlling for mouth opening and mouth width (the auditory speech envelope, respectively) using partial coherence (Halliday, 1995). Partial coherence is the direct generalization of partial correlation (Kendall and Stuart, 1968) to the frequency domain (Halliday, 1995).

The same approach was used to estimate coherence between MEG (in the sensor and source space) and global changes (or edges) in the visual stimulus, and to partial out such “global visual change” from coherence maps for the auditory speech envelope. The global visual change signal was computed at every video frame as the sum of squares of the difference between that frame and the previous frame, divided by the sum of squares of the previous frame. This signal predominantly identified edges corresponding to periods when the speaker moved her head, eyebrows and jaw (see Fig. 3). The rationale being that these periods may tend to co-occur with the onset of phrases and sentences (Munhall et al., 2004) and could modulate oscillatory activity in auditory cortices (Schroeder et al., 2008).

Finally, individual and group-level coherence maps for the auditory speech envelope in video-only were estimated after shifting the auditory speech envelope by ~30 s, ~60 s, … ~240 s, and ~270 s. For each subject and time-shift, the exact time-shift applied was selected within a ±10 s window around the target time-shift, at the silent period for which the auditory speech envelope smoothed with a 1-s square kernel was at the minimum. Ensuing values of coherence were used to rule out the possibility that coherence with the genuine auditory speech envelope results from general temporal characteristics of auditory speech.
Figure 3. Global visual changes in the visual stimuli. A — The global visual change signal as a function of time for the entire duration of a video stimulus. B — Zoom on one of the most prominent edges (peaks) of the global visual change signal. C — Video frames corresponding to this visual edge, showing that it was due to head movements.

Estimation of temporal response functions

We used temporal response functions (TRFs) to model how the auditory speech envelope affected the temporal dynamics of auditory cortical activity. Based on our results, TRFs were estimated only for the 0.2–1.5-Hz frequency range, in the audio-only and video-only conditions. A similar approach has been used to model brain responses to speech at 1–8 Hz (Lalor and Foxe, 2010; Zion Golumbic et al., 2013), and to model brain responses to natural force fluctuations occurring during maintenance of constant hand grip contraction (Bourguignon et al., 2017b). TRFs are the direct analogue of evoked responses in the context of continuous stimulation.

We used the mTRF toolbox (Crosse et al., 2016) to estimate the TRF of auditory cortical activity associated with the auditory speech envelope. In all conditions, source signals were
reconstructed at individual coordinates of maximum 0.5-Hz coherence with the auditory speech envelope in audio-only. These two-dimensional source signals were projected onto the orientation that maximized the coherence with the auditory speech envelope at 0.5 Hz. Then, the source signal was filtered at 0.2–1.5 Hz, the auditory speech envelope was convolved with a 50-ms square smoothing kernel and both were down-sampled to 20 Hz (note that for auditory speech envelope, this procedure is equivalent to taking the mean over samples 25 ms around sampling points). For each subject, the TRFs were modeled from −1.5 s to +2.5 s, for a fixed set of ridge values ($\lambda = 2^0, 2^1, 2^2 \ldots 2^{20}$). We adopted the following 10-fold cross-validation procedure to determine the optimal ridge value: For each subject, TRFs were estimated based on 90% of the data, and used to predict the 10% of data left out and the Pearson correlation was then estimated between predicted and measured signals. The square of the mean correlation value across the 10 runs provided an estimate of the proportion of variance explained by entrainment to the auditory speech envelope. TRFs were recomputed based on all the available data for the ridge value maximizing the mean explained variance. To deal with sign ambiguity, the polarity of each TRF was adapted so that correlation with the first singular vector of all subjects’ TRF in the range −0.5 s to 1.0 s is positive.

Based on our results, the TRF framework was also used to model brain responses to mouth opening and the global visual change signal at 0.2–1.5 Hz and mouth opening at 2–5 Hz, and to model the evolution of the auditory speech envelope at 0.2–1.5 Hz associated with the time course of (i) mouth opening, (ii) global visual change, and (iii) the Hilbert envelope of mouth opening in the 2–5-Hz band. Note that the last TRF seeks phase–amplitude coupling between auditory speech envelope at 0.2–1.5 Hz (phase) and mouth opening at 2–5 Hz (amplitude), with the—perhaps not that common—perspective that the amplitude signal drives the phase signal. We used exactly the same parameters as reported above, except the data for
the brain response to mouth opening at 2–5 Hz where were downsampled to 50 Hz and modeled from –0.7 to 1.2 s.

Eye-tracking data

As in previous studies using eye-tracking (McMurray et al., 2002; Kapnoula et al., 2015), eye-movements were automatically parsed into saccades and fixations using default psychophysical parameters. Adjacent saccades and fixations were combined into a single “look” that started at the onset of the saccade and ended at the offset of the fixation.

A region of interest was identified for each of the three critical objects: mouth and eyes in video-only and flickering cross in control-video-only (Fig. 4). In converting the coordinates of each look to the object being fixated, the boundaries of the regions of interest were extended by 50 pixels in order to account for noise and/or head-drift in the eye-tracking record. This did not result in any overlap between the eye and mouth regions.

Based on these regions of interest, we estimated the proportion of eye fixation to the combined regions of interest encompassing eyes and mouth in video-only and flickering cross in control-video-only. Eyes and mouth regions were combined because these are the parts of the face people tend to look at when watching a talking face (Vatikiotis-Bateson et al., 1998). Importantly, even when people are looking at the eyes, lip movements—in the periphery of the field of view—still benefit speech perception (Paré et al., 2003; Kaplan and Jesse, 2019). The two resulting areas were of comparable size: 100,800 pixels for the flickering cross vs. 77,300 pixels for the eyes and mouth. Data from one participant were excluded due to technical issues during acquisition, and eye fixation analyses were thus based on data from 27 participants.
Figure 4. Regions of interest for eye fixation. The initial regions of interest are delineated in yellow, and the extended ones in white. Eye fixation analyses were based on extended regions. In video-only (left), the final region of interest comprised the mouth and the eyes. In control-video-only (right), it encompassed the flickering cross.

**Experimental design and statistical analyses**

Sample size was based on previous studies reporting entrainment to lip movements, which included 46 (Park et al., 2016) and 19 (Giordano et al., 2017) healthy adults.

The statistical significance of the local coherence maxima observed in group-level maps was assessed with a non-parametric permutation test that intrinsically corrects for multiple spatial comparisons (Nichols and Holmes, 2002). Subject- and group-level rest coherence maps were computed in a similar way to the genuine maps; MEG signals were replaced by rest MEG signals while auditory/visual speech signals were identical. Group-level difference maps were obtained by subtracting genuine and rest group-level coherence maps. Under the null hypothesis that coherence maps are the same irrespective of the experimental condition, genuine and rest labels should be exchangeable at the subject-level prior to computing the group-level difference map (Nichols and Holmes, 2002). To reject this hypothesis and to compute a threshold of statistical significance for the correctly labeled difference map, the permutation distribution of the maximum of the difference map’s absolute value was computed for a subset of 1000 permutations. The threshold at $p < 0.05$ was computed as the 95th percentile of the permutation distribution (Nichols and Holmes, 2002). Permutation tests can be too conservative for voxels other than the one with the maximum observed statistic (Nichols and
Holmes, 2002). For example, dominant coherence values in the right auditory cortex could bias the permutation distribution and overshadow weaker coherence values in the left auditory cortex, even if these were highly consistent across subjects. Therefore, the permutation test described above was conducted separately for left- and right-hemisphere voxels. All supra-threshold local coherence maxima were interpreted as indicative of brain regions showing statistically significant coupling with the auditory or visual signal.

A confidence volume was estimated for all significant local maxima, using the bootstrap-based method described in Bourguignon et al. (2017a). The location of the maxima was also compared between conditions using the same bootstrap framework (Bourguignon et al., 2017a).

For each local maximum, individual maximum coherence values were extracted within a 10-mm sphere centered on the group level coordinates, or on the coordinates of maxima for audio-only. Coherence values were compared between conditions or signals of reference with two-sided paired t-tests.

The bootstrap method was used to assess the timing of peak TRFs (Efron and Tibshirani, 1993). As a preliminary step, TRFs were upsampled by spline interpolation to 1000 Hz. A bootstrap distribution based on 10000 random drawings of subjects (or videos) was then built for the timing of peak TFR, from which we extracted the mean and standard deviation. Also the bias-corrected and accelerated bootstrap (Efron and Tibshirani, 1993) was used to compare the timing of peak TRF between conditions.

For the eye-tracking data, individual proportions of fixations were transformed using the empirical-logit transformation (Collins et al., 1992). Fixations to eyes and mouth in video-only were compared to fixations to the flickering cross in control-video-only using a two-sided paired t-test across participants.
Data and software availability

MEG and eye-tracking data as well as video stimuli are available on request from the corresponding author.

Results

Table 1 provides the coordinates and significance level of the loci of statistically significant coherence with the auditory speech envelope (henceforth, speech entrainment) and mouth opening (henceforth, lip entrainment) in all conditions (audio-only, video-only, and control-video-only) at all the selected frequency ranges (0.5 Hz, 1–3 Hz, 2–5 Hz, and 4–8 Hz).

Table 1

Significant peak of speech- and lip entrainment: peak MNI coordinates, significance level, confidence volume, and anatomical location. Only significant peaks of speech-entrainment that survived partialling out lip exceptions marked with *) and global visual changes (exceptions marked with **) are presented here. Likewise, only peaks of significant lip entrainment that survived partialling out the auditory speech envelope are presented here. For the exceptions, ps are displayed in between parentheses.

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<tr>
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<td>[-64–19 8]</td>
<td>&lt;10^-3</td>
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<td>[-46–30 11]</td>
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<td>[68 –14 -2]**</td>
<td>0.029 (0.085)</td>
<td>0.024 ± 0.015</td>
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<td>[-58 –15 41]*</td>
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<td>0.028 ± 0.016</td>
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<td>×10⁻³</td>
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<td>0.3 Left auditory cortex</td>
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<td>Audio-only</td>
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<td>0.011</td>
<td>0.015 ± 0.006</td>
<td>30.0 Calcarine cortex</td>
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**Entrainment to heard speech**

In *audio-only*, significant speech entrainment peaked at sensors covering bilateral auditory regions in all the explored frequency ranges: 0.5-Hz (Fig. 5A), 1–3 Hz (Fig. 6A), 2–5 Hz (Fig. 6B), and 4–8 Hz (Fig. 6C). Underlying sources were located in bilateral auditory cortices (Fig. 5A, 6, and Table 1).

**Auditory cortices entrain to absent speech at frequencies below 1 Hz**

In *visual-only*, there was significant 0.5-Hz entrainment to the speech sound that was actually produced by the speaker, but not heard by participants (see Fig. 5B and Table 1). The significant loci for speech entrainment were the bilateral auditory cortices, the left inferior frontal gyrus, and the inferior part of the left precentral sulcus (Fig. 5B and Table 1). Critically, the location of the auditory sources where we observed maximum 0.5-Hz entrainment did not
differ significantly between audio-only and video-only (left, $F_{3,998} = 1.62, p = 0.18$; right, $F_{3,998} = 0.85, p = 0.47$). Not surprisingly, the magnitude of 0.5-Hz speech entrainment was higher in audio-only than in video-only (left, $t_{27} = 6.36, p < 0.0001$; right, $t_{27} = 6.07, p < 0.0001$).

Figure 5. Speech entrainment at 0.5 Hz. A — Speech entrainment in audio-only. (i–iii) Sensor distribution of speech entrainment at 0.5 Hz quantified with coherence (ii) and its spectral distribution at a selection of 10 sensors in the left (i) and right hemisphere (iii) of maximal 0.5 Hz coherence (highlighted in magenta). Gray traces represent individual subject’s spectra at the sensor of maximum 0.5 Hz coherence within the preselection, and the thick black trace is their group average. (iv–vii) Brain distribution of significant speech entrainment quantified with coherence in the left (v) and right hemispheres (vi) and the temporal response function (TRF) associated with auditory speech envelope at coordinates of peak coherence (marked with white discs) in the left (iv) and right hemispheres (vii). In brain images, significant coherence values at MNI coordinates $|X| > 40$ mm were projected orthogonally onto the parasagittal slice of coordinates $|X| = 60$ mm. B — Same as in A for video-only, illustrating that seeing speaker’s face was enough to elicit significant speech entrainment at auditory cortices. Note that coherence spectra were estimated at the subject-specific sensor selected based on coherence in audio-only.
Figure 6. Speech entrainment quantified with coherence in *audio-only* at 1–3 Hz (A), 2–5 Hz (B) and 4–8 Hz (C). (i–iii) Sensor distribution of speech entrainment (ii) and its spectral distribution at a selection of 10 left- (i) and right-hemisphere (iii) sensors of maximum coherence (highlighted in magenta). Gray traces represent individual subject’s spectra at the sensor of maximum coherence across the considered frequency range and within the preselection, and the thick black trace is their group average. (iv & v) Brain distribution of significant speech entrainment in the left (iv) and right hemispheres (v) produced as described in Fig. 5.

Nevertheless, brain responses associated with speech entrainment at ~0.5 Hz displayed a similar time-course in *audio-only* and *video-only* (see Fig. 5A and 5B). In the left hemisphere, brain response peaked after the auditory speech envelope with a delay that did not differ significantly between the two conditions (*audio-only*, 18 ± 19 ms, *video-only*, 73 ± 47 ms; \( p = 0.27 \)); in the right hemisphere this delay was significantly shorter for *audio-only* (43 ± 38 ms) than *video-only* (216 ± 54 ms; \( p = 0.019 \)). These results demonstrate that within the auditory cortices, neuronal activity at ~0.5 Hz is modulated similarly by heard speech sounds and absent speech when lip-read information is available, but incurs an additional delay in the right hemisphere. Next, we address four critical questions related to this effect: 1) Can it be explained by the general temporal characteristics of auditory speech? 2) Is it unspecific to seeing the
speaker’s face? 3) Is it a direct result of lip-reading induced visual activity simply being fed to auditory areas? 4) Is it mediated by edges in the visual stimuli (predominantly reflecting head, eyebrows and jaw movements) that would prime phrase/sentence onset and modulate auditory cortical activity. A negative answer to these 4 questions would support the view that auditory speech envelope is “synthesized” through internal models that map visual speech onto sound features.

**Below 1-Hz entrainment to absent speech is not explained by the general temporal characteristics of auditory speech**

In *video-only*, auditory sources (coordinates identified in *audio-only*) entrained significantly more to the corresponding—though absent—auditory speech than to unrelated auditory speech, here taken as the corresponding speech shifted in time (left, $t_{27} = 3.08, p = 0.0047$; right, $t_{27} = 3.78, p = 0.0008$; see Fig. 7A). In this analysis, individual subject values were computed as the mean value across all considered time shifts. In addition, inspection of the maps of entrainment to unrelated speech did not reveal any special tendency to peak in auditory regions. This demonstrates that entrainment to absent speech in auditory cortices is not a consequence of the general temporal characteristics of auditory speech.

**Below 1 Hz entrainment to absent speech is specific to seeing speaker’s face**

Analysis of a *control-visual-only* condition revealed that entrainment to unheard speech at auditory cortices was specific to seeing the speaker’s face. In the control condition, participants were looking at a silent video of a flickering Greek cross whose luminance pattern dynamically encoded the speaker’s mouth configuration.
Figure 7. Control for the entrainment to absent speech at 0.5 Hz. A — Entrainment values quantified with coherence at coordinates identified in audio-only (mean ± SD across participants). B — Sensor and brain distribution of auditory speech entrainment in control-video-only wherein speech entrainment was not significant. C — Sensor and brain distribution of lip entrainment in video-only and associated temporal evolution. Lip entrainment was significant only in the right angular gyrus. D — Brain distribution of significant speech entrainment at 0.5 Hz after partialling out lip movements (mouth opening and mouth width). E & F — As in C & D but for the global visual change signal instead of mouth opening. Brain images were produced as described in Fig. 5.

We observed luminance-driven entrainment at 0.5 Hz at occipital cortices (Table 1), but no significant entrainment with unheard speech ($p > 0.1$, Fig. 7B). Importantly, speech entrainment at auditory sources (coordinates identified in audio-only) was significantly higher in video-only than in control-video-only (left, $t_{27} = 3.44, p = 0.0019$; right, $t_{27} = 4.44, p =$
0.00014, see Fig. 7A). These differences in auditory speech entrainment cannot be explained by differences in attention as participants attended the flickering cross in control-video-only approximately as much as speaker’s eyes and mouth in video-only (81.0 ± 20.9% vs. 87.5 ± 17.1%; \( t_{26} = 1.30, p = 0.20 \): fixation data derived from eye-tracking recordings). This demonstrates that auditory cortical entrainment to unheard speech is specific to seeing the speaker’s face.

**Below 1-Hz entrainment to absent speech does not result from a direct feeding of lip movements to auditory cortices**

Although driven by lip-read information, auditory cortical activity at ~0.5 Hz in visual-only entrained more to unheard speech than to seen lip movements. Indeed, speech entrainment was stronger than lip entrainment at the left auditory source coordinates identified in audio-only \( (t_{27} = 2.52, p = 0.018, \text{see Fig. 7A}) \). The same trend was observed at the right auditory source \( (t_{27} = 1.98, p = 0.058, \text{see Fig. 7A}) \). However, at 0.5 Hz, lip movements entrained brain activity in the right angular gyrus (Fig. 7C and Table 1), a visual integration hub implicated in biological motion perception (Allison et al., 2000; Puce and Perrett, 2003). Such entrainment entailed a visual-speech-to-brain delay of 40 ± 127 ms. Note that the dominant source of lip and speech entrainment were ~4 cm apart \( (F_{3,998} = 4.68, p = 0.0030) \). Still, despite being distinct, their relative proximity might be the reason why speech entrainment was only marginally higher than lip entrainment in the right auditory cortex. Indeed, due to issues inherent to reconstructing brain signals based on extracranial signals (known as source leakage), lip entrainment estimated at the auditory cortex was artificially enhanced by the source in the angular gyrus. This leads us to conclude that entrainment in bilateral auditory cortices occurred with unheard speech rather than with seen lip movements. As further support for this claim, speech entrainment was still significant bilaterally in auditory cortices after partialling out lip movements (mouth opening and width; see Fig. 7D). In the right hemisphere,
it peaked 2.2 mm away from sources observed without partialling out lip movements. In the
left hemisphere, the peak in the partial coherence map was displaced towards the middle
temporal gyrus (MNI coordinates: [–64 –21 –9]). Although it did not peak in the left auditory
cortex, the source distribution of the partial coherence was clearly pulled towards that brain
region.

**Below 1-Hz entrainment to absent speech is not explained by modulation of auditory activity
by edges in the visual stimulus**

Speech entrainment did not differ significantly from entrainment to the global visual
change signal at the coordinates of bilateral auditory sources identified in *audio-only* (left, \( t_{27} = 1.17, p = 0.25 \); right, \( t_{27} = 1.10, p = 0.28 \), see Fig. 7A). However, entrainment to the global
visual change signal at ~0.5 Hz was significant only in the posterior part of the right superior
temporal gyrus (MNI coordinates: [62 –32 21]), with a visual-change-to-brain delay of 149 ±
33 ms (See Fig. 7E). Most importantly, speech entrainment corrected for the global visual
change signal still peaked and was significant in three left hemisphere sources that were less
than 2.5 mm away from those of uncorrected speech entrainment (see Fig. 7F). Corrected
speech entrainment in the right hemisphere peaked 1 mm away from the right auditory source
of uncorrected speech entrainment and was only marginally significant (\( p = 0.085 \)). In sum,
global changes in the visual stimulus modulated oscillatory brain activity at ~0.5 Hz in the right
posterior superior temporal gyrus, but such modulation did not mediate the entrainment to
absent speech.

Altogether, our results support the view that auditory speech envelope is synthesized
through lip-reading.
Entrainment to absent speech at other frequencies

At 1–3 Hz, there was significant entrainment to the absent speech in visual-only but not in control-visual-only (see Table 1). Significant entrainment to absent speech in visual-only peaked in the posterior part of the left inferior temporal gyrus, and in the central part of the middle temporal gyrus (see Table 1).

Entrainment in the posterior part of the left inferior temporal gyrus was specific to seeing the speaker’s face (comparison visual-only vs. control-visual-only: $t_{27} = 2.72, p = 0.011$) but did not entail a synthesis process since speech entrainment at this location was not significantly different from lip entrainment ($t_{27} = 1.30, p = 0.20$). It did not reach significance after partialling out mouth movements (see Table 1).

Entrainment in the central part of the middle temporal gyrus was not specific to seeing the speaker’s face (comparison visual-only vs. control-visual-only: $t_{27} = 1.48, p = 0.15$) and did not entail a synthesis process since speech entrainment at this location was not significantly different from lip entrainment ($t_{27} = -0.10, p = 0.92$) despite surviving partialling out of mouth movements.

At 2–5 Hz, there was no significant entrainment to the absent speech in visual-only nor in control-visual-only.

At 4–8 Hz, there was significant entrainment to the absent speech in video-only and control-video-only, but only in occipital areas, and it vanished after partialling out the contribution of lip movements.

Entrainment to lip movements

Lip entrainment at 1–3 Hz, 2–5 Hz, and 4–8 Hz trivially occurred in occipital cortices in video-only and control-video-only (Table 1). Figure 8 illustrates entrainment at 2–5 Hz which we had planned to focus on based on previous reports (Park et al., 2016; Giordano et al., 2017).
Brain responses associated with lip entrainment at 2–5 Hz peaked with a delay of 115 ± 8 ms (first source) and 159 ± 8 ms (second source).

Our data do not suggest the presence of entrainment to unseen lip movements in visual cortices in *audio-only*. Indeed, in that condition, significant lip entrainment at 0.5 Hz occurred only in auditory cortices, and disappeared when we partialled out entrainment to the auditory speech envelope. No significant lip entrainment in this condition was found at any of the other tested frequency ranges: 1–3 Hz, 2–5 Hz and 4–8 Hz.

![Figure 8](image)

**Figure 8.** Lip entrainment at 2–5 Hz in *audio-only* (A), *video-only* (B) and *control-video-only* (C). Lip entrainment is presented both in the sensor space and on the brain in all conditions (*audio-only*, *video-only*, *control-video-only*). In brain maps, significant coherence values at MNI coordinates $Y < -70$ mm were projected orthogonally onto the coronal slice of coordinates $|Y| = 90$ mm. Locations of peak coherence are marked with white discs. Note that coherence was not significant in *audio-only*. Additional parasagittal maps are presented for all significant peaks of coherence. In these maps, the orthogonal projection was performed for significant coherence values at $Y$ coordinates less than 5 mm away from the selected slice $Y$ coordinate. The figure also presents a spectral
distribution of coherence at a selection of 10 sensors of maximum 2–5 Hz coherence (highlighted in magenta) in video-only and control-video-only. Gray traces represent individual subject’s spectra at the sensor of maximum 2–5 Hz coherence within the preselection, and the thick black trace is their group average. Finally, temporal response functions (TRF) to mouth opening are presented for the two significant sources of peak entrainment to mouth opening in video-only.

**Delays between auditory and visual speech**

Time-efficient synthesis of the auditory speech envelope might rely on the visual-to-auditory lag inherent to natural speech. Indeed, in our audio-visual stimuli, the ~0.5-Hz auditory speech envelope peaked 87 ± 9 ms after the ~0.5-Hz mouth-opening time-course (see Fig. 9 left). But our results indicate that in visual-only, visual activity entrains to 2–5-Hz mouth movements while auditory activity entrains to an ~0.5-Hz absent auditory speech envelope. The simplest way to connect these oscillations is through phase–amplitude coupling, whereby the amplitude of 2–5-Hz visual activity modulates the phase of ~0.5-Hz auditory activity. Accordingly, we also estimated the delay from the envelope of 2–5-Hz mouth opening time-course to ~0.5-Hz auditory speech envelope, and found it was 170 ± 7 ms (see Fig. 9 middle).

Also important is the interplay between global changes in the visual stimulus (mainly driven by head, eyebrows and jaw movements) and auditory speech envelope. This is because global visual changes could in principle modulate auditory cortical activity and hence mediate entrainment to absent speech. And indeed, in our audio-visual stimuli, the ~0.5-Hz auditory speech envelope peaked 73 ± 22 ms after the ~0.5-Hz global visual change signal (see Fig. 9 right), meaning that low-level visual changes can cue slow changes in speech envelope (indicating phrase/sentence boundaries). However, the global visual change signal and the auditory speech envelope were only weakly coupled at ~0.5 Hz (mean ± SD coherence across the 8 video stimuli: 0.051 ± 0.022) and in the other frequency ranges we explored. For a comparison, this degree of coupling was significantly lower than that between mouth opening
and the auditory speech envelope ($t_7 = 5.63, p = 0.0008$; paired t-test on the coherence values for the 8 videos). In other words, lip movements provide more information about speech envelope than global changes in the visual stimulus, and similar temporal lead on auditory speech envelope (see Fig. 9). This further supports the view that auditory cortical entrainment to silent speech results from a fast synthesis process driven by lip reading rather than from modulation of auditory activity driven by the identification of low-level cross-sensory correspondences.

![Figure 9. Visual-to-auditory-speech delays at ~0.5-Hz. Temporal response function of auditory speech envelope filtered through 0.2–1.5 Hz associated with the time course of mouth opening (left), 2–5-Hz envelope of mouth opening (middle), and global visual changes in video stimuli. There is one gray trace per video (8 in total), and thick red traces are the average across them all.](image)

**Discussion**

We have demonstrated that the brain synthesises the slow (below 1 Hz) temporal dynamics of unheard speech from lip-reading. Specifically, watching silent lip-read videos without prior knowledge of what the speaker is saying leaves a trace of the auditory speech envelope in auditory cortices that closely resembles that left by the actual speech sound.

*Entrainment to unheard speech in auditory cortices*

Our most striking finding was that lip-reading induced entrainment in auditory cortices to the absent auditory speech at frequencies below 1 Hz. This entrainment 1) was specific to
lip-reading, 2) was not a consequence of the general temporal characteristics of auditory speech, 3) was not a mere byproduct of entrainment to lip movements, and 4) was not mediated by low-level changes in the visual stimulus (at least in the left hemisphere). Instead, this genuine entrainment is similar to the entrainment induced by actual auditory speech: both are rooted in bilateral auditory cortices and are characterized by similar time-courses, though with an additional delay of ~200 ms in the right hemisphere. This suggests the existence of a time-efficient synthesis mechanism that maps facial articulatory mouth gestures onto corresponding speech sound features. Such a mechanism would likely leverage the natural visual–to–auditory speech delay (90–170 ms) and could be explained by visually-driven predictive coding (Friston and Kiebel, 2009). Likewise, auditory-driven predictive coding could account for the short (below-50-ms) latencies observed here in audio-only (Park et al., 2015).

Importantly, such auditory entrainment is unlikely to be driven by auditory imagery. Auditory imagery reflects perceptual auditory processing not triggered by external auditory stimulation (Nanay, 2018). In principle, observation of lip movements could lead to auditory imagery of related or unrelated speech or non-speech sounds. Clearly, auditory imagery of the actual speech sounds was never an option since participants were not professional lip-readers and were not cued about speech content. Furthermore, our results demonstrate that the auditory entrainment we observed cannot be linked to auditory imagery of unrelated sounds either since it was stronger for the corresponding but absent sound than for either seen lip movements or unrelated speech. Accordingly, the fast synthesis hypothesis we have suggested seems to be the most likely interpretation of the observed entrainment.

The synthesis mechanism we have uncovered is likely grounded in the fact that lip-read information is coupled to the auditory signal in space and time (Munhall and Vatikiotis-Bateson, 2004; Chandrasekaran et al., 2009). In addition, the phonetic identity of each phoneme is supported by sound as well by the configuration of the lips. Even young infants are sensitive
to this type of correspondence (Kuhl and Meltzoff, 1982), and phonetic integration continues
to develop into adulthood, where the first traces of speech-specific phonetic integration are
observed within ~250 ms after sound onset (Stekelenburg and Vroomen, 2012; Baart et al.,
2014). Presumably, the tight audiovisual coupling in speech lies at the foundation of lip-read-
induced entrainment to absent auditory speech in the brain, and there is indeed much evidence
for entrainment to auditory speech at phrase and syllable rates (Luo and Poeppel, 2007;
Bourguignon et al., 2012; Gross et al., 2013; Peelle et al., 2013; Molinaro et al., 2016; Vander
Ghinst et al., 2016; Meyer et al., 2017; Meyer and Gumbert, 2018).

Frequencies below 1 Hz match with phrasal, stress and sentential rhythmicity. Accordingly,
corresponding entrainment to heard speech sounds has been hypothesised to
subserve parsing or chunking of phrases and sentences (Ding et al., 2016; Meyer et al., 2017),
or to help align neural excitability with syntactic information to optimize language
comprehension (Meyer and Gumbert, 2018). Hence, our data suggest that such
entrainment/alignment can be obtained through lip-reading, thereby facilitating speech
chunking, parsing, and extraction of syntactic information.

As 4–8 Hz frequencies match with syllable rate, corresponding entrainment has been
hypothesised to reflect parsing or chunking of syllables. Supporting this view, 4–8-Hz
entrainment is enhanced when listening to intelligible speech compared to non-intelligible
speech (Ahissar et al., 2001; Luo and Poeppel, 2007; Peelle et al., 2013). However, we did not
observe such entrainment during silent lip-reading, which may suggest that the brain does not
synthesize the detailed phonology of unfamiliar silent syllabic structures based on lip-read
information only. After all, lip-reading is a very difficult task, even for professional lip-readers
(Chung et al., 2017). This is because different phonemes correspond to very similar lip
configurations (e.g., /ba/, /pa/ and /ma/). However, when the auditory signal is known, this
ambiguity in the mapping between lip-reading and the corresponding phonemes disappears.
Indeed, it has been suggested that lip-reading can induce entrainment in auditory cortices at frequencies above 1 Hz when participants are aware of the content of the visual-only speech stimuli (Crosse et al., 2015).

**Entrainment to lip movements**

During silent lip-reading, activity in early visual cortices entrained to lip movements mainly at frequencies above 1 Hz, in line with previous studies (Park et al., 2016; Giordano et al., 2017). Such occipital lip entrainment was reported to be modulated by audio-visual congruence (Park et al., 2016). This is probably the first necessary step for the brain to synthesize features of the absent auditory speech. Our results suggest that corresponding signals are forwarded to the right angular gyrus (Hauswald et al., 2018).

The right angular gyrus was the dominant source of lip entrainment at frequencies below 1 Hz. It is the convergence area for the dorsal and ventral visual streams and is specialised for processing visual biological motion (Perrett et al., 1989; Allison et al., 2000; Puce and Perrett, 2003; Marty et al., 2015). The right angular gyrus—or more precisely an area close to it termed the temporal visual speech area (Bernstein et al., 2011; Bernstein and Liebenthal, 2014b)—activates during lip-reading (Calvert et al., 1997a; Allison et al., 2000; Campbell et al., 2001) and observation of mouth movements (Puce et al., 1998). It has also been suggested that it maps visual input onto linguistic representation during reading (Démonet et al., 1992), and lipreading (Hauswald et al., 2018). Our results shed light on the oscillatory dynamics underpinning such mapping during lip-reading: based on visual input at dominant lip movement frequencies (above 1 Hz), the angular gyrus presumably extracts features of lip movements below 1 Hz, which can then serve as an intermediate step to synthesise speech sound features. Given the short lip-to-brain delay observed in this brain area (~40 ms), such extraction might rely on the prediction of mouth movements.
Entrainment to unheard speech in visual cortices

Previous studies that have examined the brain dynamics underlying lipreading of silent connected visual speech have essentially focused on visuo-phonological mapping in occipital cortices (O’Sullivan et al., 2016; Lazard and Giraud, 2017; Hauswald et al., 2018). For example, it was shown that occipital 0.3–15-Hz EEG signals are better predicted by a combination of motion changes, visual speech features and the unheard auditory speech envelope than by motion changes alone (O’Sullivan et al., 2016). Also, visual activity has been reported to entrain more to absent speech at 4–7 Hz when a video is played forward rather than backward (Hauswald et al., 2018). Importantly, this effect was not driven by entrainment to lip movements since lip entrainment was similar for videos played forwards and backwards. Instead, it came with increased top-down drive from left sensorimotor cortices to visual cortices, indicating that visuo-phonological mapping had already taken place in early visual cortices through top-down mechanisms (O’Sullivan et al., 2016; Hauswald et al., 2018). Our study complements these results by showing that auditory cortices also entrain to unheard speech, but at frequencies below 1 Hz, probably based on earlier processes taking place in the occipital regions and the right angular gyrus.

Limitations and future perspectives

We did not collect behavioral data from our participants. Further studies should clarify how the synthesis mechanism we have uncovered relates to individual lip-reading abilities, or susceptibility to the McGurk effect.

It also remains to be clarified what features of speech are synthesised, and under which circumstances auditory cortices can entrain to absent speech at higher frequencies (especially 4–8-Hz).
Finally, it will be important to specify which features of the articulatory mouth gestures lead to below-1-Hz auditory entrainment to absent speech. This would require visual control conditions in which, for example, lip movements are shown in isolation, or replaced by point-light stimuli.

**Conclusion**

Our results demonstrate that the brain can quickly synthesize a representation of coarse-grained auditory speech features in early auditory cortices and shed light on the underlying oscillatory dynamics. Seeing lip movements first modulates neuronal activity in early visual cortices at frequencies that match articulatory lip movements (above 1 Hz). Based on this activity, the right angular gyrus, putatively the temporal visual speech area, extracts and possibly predicts the slower features of lip movements. Finally, these slower lip movement dynamics are mapped onto their corresponding speech sound features and this information is fed to auditory cortices. Receiving this information likely facilitates speech parsing, in line with the hypothesised role of entrainment to heard speech at frequencies below 1 Hz.
References


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