

## The elusive constellations of poverty

Breugelmans, S.M.; Plantinga, A.; Zeelenberg, M.; Poluektova, Olga; Efremova, Maria

*Published in:*  
Behavioral and Brain Sciences

*Document version:*  
Peer reviewed version

*DOI:*  
[10.1017/S0140525X17000899](https://doi.org/10.1017/S0140525X17000899)

*Publication date:*  
2018

[Link to publication](#)

*Citation for published version (APA):*  
Breugelmans, S. M., Plantinga, A., Zeelenberg, M., Poluektova, O., & Efremova, M. (2018). The elusive constellations of poverty. *Behavioral and Brain Sciences*, 40, 18-19. [e318].  
<https://doi.org/10.1017/S0140525X17000899>

### General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal

### Take down policy

If you believe that this document breaches copyright, please contact us providing details, and we will remove access to the work immediately and investigate your claim.

**<CT>The elusive constellations of poverty**

**<CA>Seger M. Breugelmans,<sup>a</sup> Arnoud Plantinga,<sup>b</sup> Marcel Zeelenberg,<sup>c</sup> Olga Poluektova,<sup>d</sup> and Maria Efremova<sup>e</sup>**

**<CAA><sup>a,b,c</sup>Department of Social Psychology and Tilburg Institute for Behavioral Economics Research (TIBER), Tilburg University, Tilburg, the Netherlands; <sup>d</sup>Bremen International Graduate School of Social Sciences (BIGSSS), Jacobs University, Bremen, Germany; <sup>e</sup>The International Scientific Educational Laboratory for Socio-Cultural Research, National Research University Higher School of Economics, Russia.**

**s.m.breugelmans@uvt.nl (corresponding author)**

**<https://www.tilburguniversity.edu/webwijs/show/s.m.breugelmans/>**

**a.plantinga@tilburguniversity.edu**

**<https://www.tilburguniversity.edu/webwijs/show/a.plantinga/>**

**M.Zeelenberg@uvt.nl**

**<https://www.tilburguniversity.edu/webwijs/show/m.zeelenberg/>**

**olga\_poluektova@hotmail.com**

**<https://www.hse.ru/en/org/persons/101542231>**

**dulphine@yandex.ru**

**<https://www.hse.ru/en/org/persons/2781332>**

**<C-AB>Abstract:** Pepper & Nettle describe possible processes underlying what they call a behavioral constellation of deprivation (BCD). Although we are certain about the application of evolutionary models to our understanding of poverty, we are less certain about the utility of behavioral constellations. The empirical record on poverty-related behaviors is much more divergent and broad than such constellations suggest.

**<C-Text begins>**

Poverty is a wicked problem that has consistently defied attempts at reduction to simple causes or processes. In recent years, much effort has been put into analyzing diverse findings on poverty (and the related issues of deprivation and differences in socioeconomic status [SES]) and in developing theoretical perspectives to integrate these findings. The article by Pepper & Nettle (P&N) contributes to this effort by drawing

together various research lines on SES differences and temporal discounting, describing what they call a “behavioral constellation of deprivation” (BCD). P&N present an interesting perspective on deprivation, especially in the application of evolutionary models on the effects of mortality risk to SES differences, yet we have doubts about the integrative value of the “behavioral constellations.” Like the observation that constellations in the night’s sky are not used in contemporary astronomy because they exist more in the eye of the beholder than in systematic relationships between celestial bodies, we argue that P&N’s BCD (1) overestimates the coherence of the various behaviors associated with poverty and (2) underrepresents the range of behaviors that should be included in a such a constellation.

First, as far as coherence in characteristics of poverty is concerned, the empirical record has proven to be rather stubborn. Various reviews have come to the conclusion that results are not consistent across methodologies (Duncan et al. 2017), that there is no conclusive support for any single explanation (Pampel et al. 2010) and that there is no common solution to problems of poverty (Banerjee & Duflo 2011). Such empirical variation makes it hard to talk about a behavioral constellation or about exclusive psychological or environmental factors underlying such a constellation.

Studies on behavioral and psychological characteristics of low SES and poor samples rarely include the full range of measures representing a constellation. Rather, evidence for constellations mainly comes from narrative reviews like the one by P&N, drawing together findings from separate studies without clearly explaining criteria for their inclusion or exclusion. A risk of this strategy is selectively including only those studies that provide convergent evidence. There are, however, many divergent results. For example, correlational studies and (quasi-)experimental studies on the consequences of poverty have frequently yielded markedly different results (Duncan et al. 2017). In addition, the direction and magnitude of effects have been found to vary across behavioral phenomena associated with poverty. For example, poor people have been found to sometimes make worse decisions, because poverty “impedes cognitive function” (Mani et al. 2013), but at other times make better decisions, because “scarcity frames

value” (Shah et al. 2015). Other studies, linking poverty with decision making, do not show any consistent effects at all. For example, Carvalho et al. (2016) do not find any differences between before and after payday in relation to risk taking, quality of decision making, and cognitive function tasks. Sometimes, a lack of systematic differences can be explained by complex relationships underlying observations. For example, Callan et al. (2016) have found that personal relative deprivation and subjective SES class acted as mutual suppressors, obscuring the relationship between SES status and prosocial behaviors. These examples illustrate the variability and complexity of the empirical record on the effects of poverty on behavior when looking for constellations of behavior.

Second, poverty, SES, and deprivation are such broad constructs that one would expect them to relate to a broad set of behaviors. Indeed, the literature on these constructs is diverse, ranging from health-related behaviors, to emotional experiences, to social and moral behaviors. Likewise, the range of associated environmental factors and psychological processes explaining such behaviors is much broader than those proposed by P&N. It includes, for example, reduced cognitive bandwidth (Mullainathan & Shafir 2013); stress and negative affect (Haushofer & Fehr 2014); experienced societal rank and increased contextualism (Kraus et al. 2012); childhood economic conditions, impulsivity, and risk (Griskevicius et al. 2013); culture and inheritance of dysfunctional beliefs, values, and behaviors (Lewis 1966); shame and stigma (Walker 2014); and generalized trust (Hamamura 2012). P&N choose to be rather restrictive in their inclusion of processes and behaviors, focusing on extrinsic mortality risk, lower environmental control, and increased temporal discounting. Because these factors have also been included in previous overviews of the link between poverty and decision making, such as by Mullainathan and Shafir (2013) and Haushofer and Fehr (2014), the question is what such a restrictive constellation adds to our understanding of poverty. One possibility may be the application of models from evolutionary biology, answering the questions of why behavioral constellations should be observed in the first place and how they can be seen as contextually appropriate responses. However, the question remains: Why do P&N not apply this reasoning to a wider range of behaviors? Perhaps the most explicit omission is that of risk, which is assumed to be directly related to wealth in classical economic

models and has been explicitly related to poverty by Griskevicius et al., who argue that people who grew up in poverty are not only less likely to defer immediate rewards but also should be more risk seeking in times of stress and when exposed to mortality cues. Although the evidence on risk is mixed (Carvalho et al. 2016), a behavioral constellation including a broader range of behaviors would clearly be of more heuristic value to researchers and practitioners dealing with poverty.

To conclude, we think that P&N contribute an interesting perspective on poverty and associated behavior that merits further study. However, at the same time, we believe that the diversity of the empirical record and the narrow focus of their paper clearly limits their claim for the existence of a BCD. In line with more situational analyses (Banerjee & Duflo 2011; Bertrand et al. 2004), we believe that problems of deprivation and poverty for the moment benefit more from specific, tailor-made analyses and solutions than from broad constellations that might exist more in the eye of the beholder than in the empirical record.

<C-Text ends>

<Ack>

### **Acknowledgments**

Support from the COFUND EU Marie Skłodowska-Curie program and from the Basic Research Program of the National Research University Higher School of Economics is gratefully acknowledged.

<RFT>

### **References [SMB]**

<refs>

Banerjee, A. & Duflo, E. (2011) *Poor economics: A radical rethinking of the way to fight global poverty*. Public Affairs. [SMB]

Bertrand, M., Mullainathan, S. & Shafir, E. (2004) A behavioral-economics view of poverty. *American Economic Review* 94(2):419–23. [SMB]

Callan, M. J., Kim, H., Gheorghiu, A. I. & Matthews, W. J. (2016) The interrelations between social class, personal relative deprivation, and prosociality. *Social Psychological and Personality Science*. Advance online publication. [SMB]

Carvalho, L. S., Meier, S. & Wang, S. W. (2016) Poverty and economic decision-making: Evidence from changes in financial resources at payday. *American Economic Review* 106(2):260–84. [SMB]

Duncan, G., Magnuson, K. & Votruba-Drzal, E. (2017) Moving beyond correlations in assessing the consequences of poverty. *Annual Review of Psychology* 68:413–34. [SMB]

Griskevicius, V., Ackerman, J., Cantú, S., Delton, A., Robertson, T., Simpson, J., Thompson, M. & Tybur, J. (2013) When the economy falters, do people spend or save? Responses to resource scarcity depend on childhood environments. *Psychological Science* 24(2):197–205. [SMB]

Hamamura, T. (2012) Social class predicts generalized trust but only in wealthy societies. *Journal of Cross-Cultural Psychology* 43(3):498–509. [SMB]

Haushofer, J. & Fehr, E. (2014) On the psychology of poverty. *Science* 344(6186):862–67. [SMB]

Kraus, M. W., Piff, P. K., Mendoza-Denton, R., Rheinschmidt, M. L. & Keltner, D. (2012) Social class, solipsism, and contextualism: How the rich are different from the poor. *Psychological Review* 119(3):546–72. [SMB]

Lewis, O. (1966) *La vida: A Puerto Rican family in the culture of poverty—San Juan and New York*. Random House. [SMB]

Mani, A., Mullainathan, S., Shafir, E. & Zhao, J. (2013) Poverty impedes cognitive function. *Science* 341(6149):976–80. [SMB]

Mullainathan, S. & Shafir, E. (2013) *Scarcity: Why having too little means so much*. Times Books. [SMB]

Pampel, F., Krueger, P. & Denney, J. (2010) Socioeconomic disparities in health behaviors. *Annual Review of Sociology* 36:349–70. [SMB]

Shah, A., Shafir, E. & Mullainathan, S. (2015) Scarcity frames value. *Psychological Science* 26(4):402–12. [SMB]

Walker, R. (2014) *The shame of poverty*. Oxford University Press. [SMB]