

## Forensic psychiatric and psychotherapeutic outpatient and day clinic 'The Tender'

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FORENSIC PSYCHIATRIC AND PSYCHOTHERAPEUTIC OUTPATIENT AND DAY CLINIC 'THE TENDER',  
FIRST RESULTS OF EXPERIENCES

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The Tender, started one decade ago, is an ambulatory forensic psychiatric clinic. This place was originally meant for justifiabiles in preventive detention under the Dutch mental health act by rehabilitation and reintegration programs. Very soon there seemed to be a need for treatment of offenders under other judicial titles of imposed treatment.

Patients who conducted criminal acts influenced by any psychiatric illness, or who are prone to do so, are sent by probation officers or by health care workers for proper diagnoses and treatment. The 'core-business' of our institute is to reduce risk of criminal offence. Treatment can consist of individual or group psychotherapy, psychopharmacological interventions or assistance in social embedment. For sex offenders the institute designed a total package of therapies in a day clinic setting. This review presents so far the treatment program, risk assessment, numbers of patients treated, and also some results, the position of the outpatient clinic in the field of forensic psychiatry and regular psychiatric healthcare system. Some of the judicial aspects of the treatment imposed on patients by law are discussed as well.