

Tilburg University

Forensic psychiatric and psychotherapeutic outpatient and day clinic 'The Tender'

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Published in:
XXIXth International Congress on Law and Mental Health

Publication date:
2005

[Link to publication in Tilburg University Research Portal](#)

Citation for published version (APA):
Schuthof, G., & Oei, T. I. (2005). Forensic psychiatric and psychotherapeutic outpatient and day clinic 'The Tender'. In *XXIXth International Congress on Law and Mental Health* (pp. 153-153). Unknown Publisher.

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50.2. Forensic Psychiatric and Psychotherapeutic Outpatient and Day Clinic 'The Tender'

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The Tender Clinic, started one decade ago, is an ambulatory forensic psychiatric clinic. This place was originally meant for justifiable persons in preventive detention, under the Dutch mental health act by rehabilitation and reintegration programs. There seemed to be a need for treatment of offenders under other judicial titles of imposed treatment. Under the Dutch mental health act, patients who have conducted criminal acts influenced by any psychiatric illness, or who are prone to do so, are sent by probation officers or by health care workers for proper diagnoses and treatment. The 'core-business' of our institute is to reduce risk of criminal offence. Treatment can consist of individual or group psychotherapy, psychopharmacological interventions or assistance in social embedment. For sex offenders the institute designed a total package of therapies in a day clinic setting. This review presents the treatment program, risk assessment, numbers of patients treated, and also some results; this review will also present the position of the outpatient clinic in the field of forensic psychiatry and within the regular psychiatric healthcare system. Some of the judicial aspects of the treatment imposed on patients by law will be discussed as well.